

Your LINK for improving health and social care

[www.themedwaylink.co.uk](http://www.themedwaylink.co.uk)

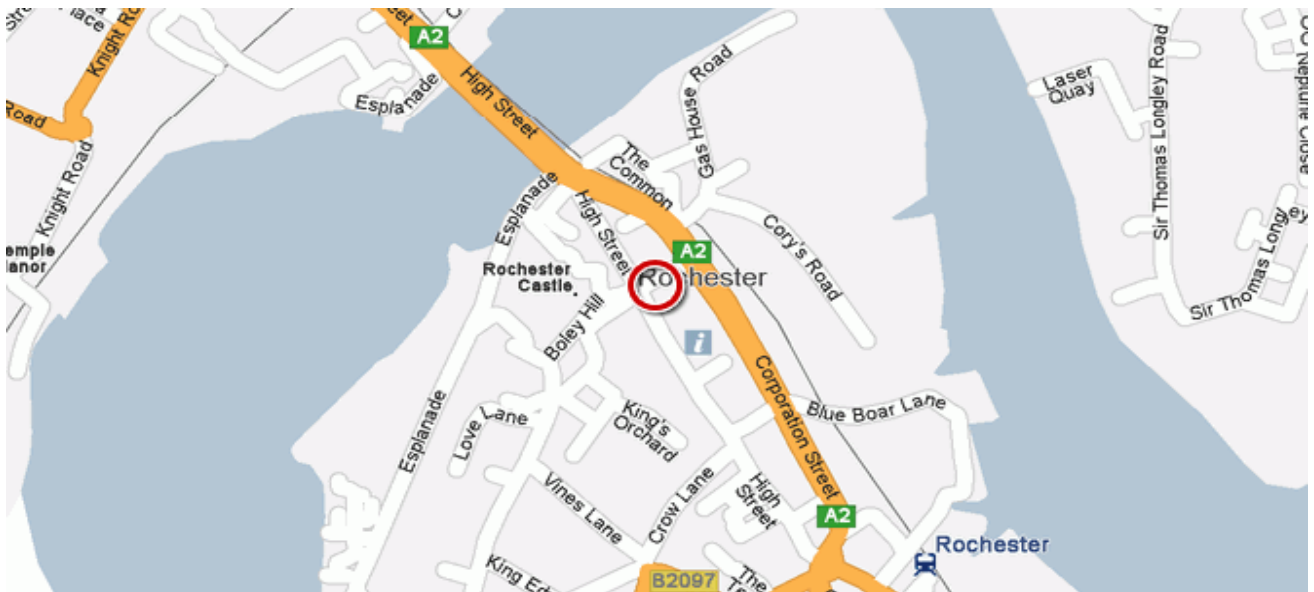
June 2010



a LOCAL INVOLVEMENT NETWORK

## Medway LINK - Annual Meeting

Wednesday, 9 June 2010 from 10.00am to 2.30pm  
Queens Hall, Corn Exchange, Rochester, ME1 1LS



### Central Office

KMN, Unit 24 Folkestone Enterprise Centre,  
Shearway Road, Folkestone, Kent, CT19 4RH  
Tel: 01303 297050  
E-mail: [info@kmn-ltd.co.uk](mailto:info@kmn-ltd.co.uk)  
Office Hours: Monday – Friday 8.30am - 4.00pm

### Local Office


The Medway LINK, Avenue Business Centre,  
17 New Road Avenue, Chatham, Kent, ME4 6BA  
Tel: 01634 821135  
E-mail: [info@kmn-ltd.co.uk](mailto:info@kmn-ltd.co.uk)  
Office Hours: Monday – Thursday 8.30am – 4.00pm

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(Answerphone available out of office hours)


## Road Directions from Sittingbourne to Corn Exchange, Rochester

Travel (miles)	and then	to take	total (miles)
0.00	Start out on Maidstone Road, Bobbing	<b>A249</b>	0.00
0.07	Branch left (signposted Rainham, Sittingbourne, Crematorium)	Unclassified	0.07
0.22	At roundabout take the 6th exit, then merge onto the A249 (signposted Maidstone, M2, M20)	<b>A249</b>	0.29
2.29	At roundabout take the 2nd exit, then join the M2 motorway (signposted London)	<b>M2</b>	2.58
2.89	Medway M2 Service Area (MOTO)  	<b>M2</b>	5.48
8.29	Medway Bridge	<b>M2</b>	13.77
0.29	Leave the M2 at junction 2, then at roundabout take the 3rd exit (signposted Rochester, West Malling, A228)	Unclassified	14.05
0.44	At roundabout take the 1st exit, then join the M2 motorway (signposted Dover, Channel Tunnel, Canterbury)	<b>M2</b>	14.49
0.60	Finish on M2 Medway Bridge Southbound, Kent	<b>M2</b>	15.10
2.91	Leave the M2 at junction 3, then at roundabout take the 3rd exit (signposted Maidstone(West), Channel Tunnel, M20, Chatham, Rochester, A229)	Unclassified	18.00
0.78	At Lord Lees Roundabout take the 3rd exit (signposted Chatham, Rochester, Borstal, Bridgewood)	Unclassified	18.78
0.26	Keep in right hand lane and bear right (signposted Chatham, Rochester)	Unclassified	19.04
0.02	Bear left onto the A229	<b>A229</b>	19.06
0.54	Holiday Inn (Rochester-Chatham) 	<b>A229</b>	19.60

0.14	<b>Warning: Speed Cameras along the A229</b> 	<b>A229</b>	19.75
0.23	At roundabout take the 2nd exit onto the A229 (signposted Rochester, Chatham)	<b>A229</b>	19.98
0.40	At roundabout take the 1st exit onto the A229 (signposted Rochester)	<b>A229</b>	20.38
1.82	At roundabout take the 1st exit onto the A2 (signposted Rochester, Strood, London)	<b>A2</b>	22.20
0.19	At traffic signals continue forward	<b>A2</b>	22.38
0.35	Turn left onto Northgate	Northgate	22.73
0.03	<b>Arrive at</b> ME1 1LS,Rochester	Unclassified	22.76

## Road Directions from Gravesend to Corn Exchange, Rochester

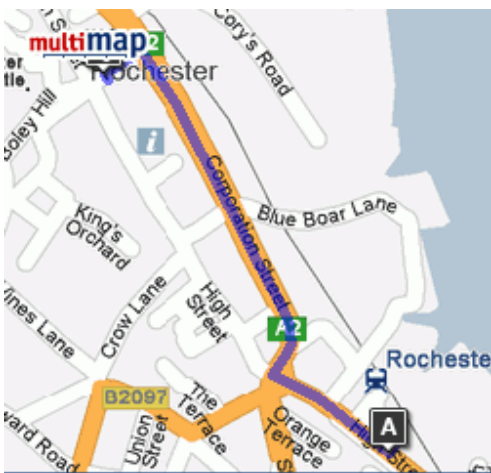
Travel (miles)	And then	To take	total (miles)
0.00	<b>Start out at</b> Gravesend,Kent	<b>A226</b>	0.00
0.12	At "Somerset Arms" public house turn right onto Darnley Road	<b>A226</b>	0.12
0.03	At traffic signals continue forward (signposted Rochester, Higham)	<b>A226</b>	0.14
0.18	At roundabout take the 2nd exit onto the A226 (signposted Higham)	<b>A226</b>	0.32
0.36	Turn right onto The Terrace	<b>A226</b>	0.68
0.14	At "Clocktower" traffic signals turn left onto Berkley Crescent (signposted Rochester, Higham)	<b>A226</b>	0.82
0.11	At roundabout take the 3rd exit onto the A226 (signposted Rochester, Higham)	<b>A226</b>	0.93
0.80	<b>Warning: Speed Cameras along the A226</b> 	<b>A226</b>	1.73

0.28	At roundabout take the 3rd exit onto the A226 (signposted Rochester)	A226	2.01
0.22	Shell Chalk 	A226	2.23
3.39	At roundabout take the 2nd exit onto the A226 (signposted London, Rochester)	A226	5.62
0.13	At roundabout take the 1st exit onto the A226 (signposted Rochester)	A226	5.75
1.16	At "Coach and Horses" traffic signals turn left onto the A2	A2	6.91
0.32	At Strood, traffic signals continue forward onto High Street	A2	7.23
0.26	At traffic signals continue forward (signposted Rochester, Chatham)	A2	7.48
0.21	Continue forward to cross Rochester Bridge	A2	7.69
0.26	Turn right onto Northgate	Northgate	7.95
0.04	<b>Arrive at</b> ME1 1LS,Rochester	Unclassified	7.99

## From the Railway Station

**From: A)** Rochester Railway Station, High Street, Rochester, Kent

**To: B)** Corn Exchange, Northgate, Rochester, Kent



By foot this journey should take approximately 9 minutes (1/2 mile) and by taxi it should take approximately 2-3 minutes.

# By Bus

Chatham — Rochester — Marlowe Park — Earl Estate  
Chatham — Rochester — Earl Estate — Marlowe Park



Medway **Mainline** 140  
141

## Mondays to Fridays

Service No:	M	M	141	141	140	141	140	141	140	141	140	141	140	141	140	141	140	141	140	141	140	141		
Chatham Maritime, Docks Outlet	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
Chatham, Bus Station, Bay 13	arr.	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	
	dep.	0547	0604	0619	0634	0643	0653	0703	0713	0720	0730	0740	0750	0800	0810	0815	0825	0835	0845	0850	0900	0910	0920	0930
Chatham, Rail Station, Stop A		0549	0607	0622	0637	0646	0656	0706	0716	0723	0734	0744	0754	0804	0814	0819	0829	0839	0849	0854	0904	0914	0924	0934
Rochester, Star Hill		0552	0610	0625	0640	0649	0659	0709	0719	0726	0737	0747	0757	0807	0817	0822	0832	0842	0852	0857	0907	0917	0927	0937
Strood, opp. Canal Road		0555	0613	0628	0643	0652	0702	0712	0722	0730	0744	0754	0804	0814	0824	0829	0839	0849	0859	0904	0914	0924	0934	0944
Marlowe Park, Wells Road Shops	arr.	-	-	-	-	0702	-	0722	-	0741	-	0805	-	0825	-	0840	-	0900	-	-	0925	-	0945	-
	dep.	-	-	-	-	0706	-	0725	-	0744	-	0807	-	0827	-	0845	-	0905	-	-	0928	-	0948	-
Earl Estate, Bligh Way Shops	arr.	0604	0622	0637	0653	0710	0712	0729	0732	0748	0755	0811	0815	0831	0835	0851	0850	0911	0910	0915	0932	0935	0952	0955
	dep.	0606	0626	0641	0656	-	0715	-	0735	-	0757	-	0817	-	0838	-	0856	-	0916	-	-	0938	-	0958
Marlowe Park, Wells Road Shops		0610	0630	0645	0700	-	0719	-	0739	-	0801	-	0821	-	0842	-	0900	-	0921	-	-	0942	-	1002

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Service No:	140										Not Schooldays						Schooldays Only							
	140	141	140	141	140	141	140	141	140	141	140	140	141	140	141	140	141	140	141	140	141	140	141	
Chatham Maritime, Docks Outlet	0948	-	1010	-	30	-	50	-	10	1510	-	-	1535	-	1555	-	-	1530	-	1549	-	1609	-	
Chatham, Bus Station, Bay 13	arr.	0957	-	1018	-	38	-	58	-	18	1518	-	-	1543	-	1603	-	-	1538	-	1557	-	1617	-
	dep.	1000	1010	1020	Then	30	40	50	00	10	20	1520	1530	1538	1545	1555	1605	1615	1530	1540	1550	1600	1610	
Chatham, Rail Station, Stop A		1004	1014	1024	at	34	44	54	04	14	24	1524	1534	1542	1550	1600	1610	1620	1535	1545	1555	1605	1615	
Rochester, Star Hill		1007	1017	1027	these	37	47	57	07	17	27	1527	1537	1545	1554	1604	1614	1624	1542	1552	1602	1612	1622	
Strood, opp. Canal Road		1014	1024	1034	minutes	44	54	04	14	24	34	until	1534	1544	1552	1603	1613	1623	1633	1552	1602	1612	1622	
Marlowe Park, Wells Road Shops	arr.	1025	-	1045	past	-	05	-	25	-	45	1545	-	1603	1614	-	1634	-	-	1613	-	1633	-	
	dep.	1028	-	1048	each	-	08	-	28	-	48	1548	-	1608	1618	-	1638	-	-	1618	-	1638	-	
Earl Estate, Bligh Way Shops	arr.	1032	1035	1052	hour	55	12	15	32	35	52	1552	1555	1612	1622	1624	1642	1644	1603	1622	1623	1642	1643	
	dep.	-	1038	-	-	58	-	18	-	38	-	-	1558	-	1628	-	1648	-	1608	-	1628	-	1648	
Marlowe Park, Wells Road Shops		-	1042	-	-	02	-	22	-	42	-	-	1602	-	1632	-	1652	-	1612	-	1632	-	1652	

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Service No:	140										See Note 1					
	140	141	140	141	140	141	140	141	140	141	M	M	M	M	M	M
Chatham Maritime, Docks Outlet	1629	-	1649	-	1709	-	1729	-	1749	-	1809	-	-	-	-	-
Chatham, Bus Station, Bay 13	arr.	1637	-	1657	-	1717	-	1737	-	1755	-	1815	-	-	-	-
	dep.	1640	1650	1700	1710	1720	1730	1740	1750	1800	1810	1820	1830	1840	1850	1925
Chatham, Rail Station, Stop A		1645	1655	1705	1715	1725	1735	1744	1754	1804	1814	1824	1833	1843	1853	1927
Rochester, Star Hill		1651	1701	1711	1721	1731	1740	1748	1757	1807	1817	1827	1836	1846	1856	1930
Strood, opp. Canal Road		1700	1710	1720	1730	1740	1748	1755	1804	1811	1821	1831	1839	1849	1859	1933
Marlowe Park, Wells Road Shops	arr.	1711	-	1731	-	1751	-	1806	-	1821	-	1841	-	1859	-	-
	dep.	1715	-	1735	-	1755	-	1808	-	1825	-	1845	-	1902	-	-
Earl Estate, Bligh Way Shops	arr.	1719	1721	1739	1741	1759	1759	1812	1814	1829	1831	1849	1849	1906	1909	1943
	dep.	-	1725	-	1745	-	1803	-	1818	-	1835	-	1852	-	1912	1945
Marlowe Park, Wells Road Shops		-	1729	-	1749	-	1807	-	1822	-	1839	-	1856	-	1916	1949

**NOTES**  
1. Most evening buses run through from Hempstead Valley and Rainham as Service 132 (see Service 132 timetable for details).

**CODES**  
M — The early morning and evening buses from Chatham are provided on behalf of Medway Council. If you have any comments or suggestions, please write to the Director of Regeneration, Community and Culture, Medway Council, Gun Wharf, Dock Road, Chatham, Kent, ME4 4TR.